

SAPROF

Youth Version

Michiel de Vries Robbé

Miranda Geers

Manon Stapel

Ed Hilterman

Vivienne de Vogel

**Guidelines for the assessment of
protective factors for violence risk in juveniles**



The *Structured Assessment of Protective Factors for violence risk – Youth Version* (SAPROF-YV) is an SPJ assessment tool specifically designed for the structured assessment of protective factors for violence risk in juveniles. The tool has been developed to be used in addition to (primarily) risk-focused juvenile risk assessment tools, such as the SAVRY or YLS/CMI. The 16 protective factors of the SAPROF-YV are all dynamic, in order to inspire focus on juvenile strengths and positive development. Including the SAPROF-YV protective factors in the risk assessment process may stimulate positive treatment initiatives, offer additional guidelines for risk management and provide new opportunities for strengths-based treatment evaluation.

The adult version counterpart of the tool, the SAPROF, has successfully been implemented in inpatient and outpatient care in many countries around the world. International research has shown the potential additional value of protective factors for a more balanced and increasingly accurate risk assessment and for offering additional guidance to the treatment of violent as well as sexually violent individuals.

The youth version of the SAPROF has been developed as an entirely new tool, based on extensive literature review of protective factors specifically for juvenile violence risk. Findings from pilot studies in various forensic psychiatric youth centers and feedback from experts in the forensic youth field were incorporated in the development of the SAPROF-YV manual, in order to provide for optimal compatibility with both clinical and outpatient juvenile treatment practice.

SAPROF – Youth Version	
Resilience items	Motivational items
1. Social competence	5. Future orientation
2. Coping	6. Motivation for treatment
3. Self-control	7. Attitude towards agreements and conditions
4. Perseverance	8. Medication
	9. School / work
	10. Leisure activities
Relational items	External items
11. Parents / guardians	14. Pedagogical climate
12. Peers	15. Professional care
13. Other supportive relationships	16. Court order